TO DO LIST

1. W\_bal Model
   1. Work on the CP/W’ model that we take (2params/ 3params/ More complex?)
   2. Physiology behind the parameters CP / W’ / Tau?
   3. New W\_bal model
   4. Calibration on a Ramp Test + 1’ all out (Tau or not) directly the CP and W’?
   5. Study on VO2 workouts, which model is the best (2 or 3 params)
2. HRV
   1. Get the RR data from a .fit
   2. Recompute the DFA Alpha 1, removing the Artifacts
   3. DFA Alpha 1 better understanding + V2?
   4. Coding of an app to measure the HRV in the morning automatically
3. GT20 (8 au 12 mai?)
   1. Power profile – solve the optimization problem
   2. Durability – endurance study (similar to 24h effort)
   3. Coding an app on Garmin Connect
   4. Start the Commercial Presentation – RedBull!
4. Working Space
   1. Create the GitHub
   2. Feed it with papers of interest + Notebooks
   3. Share with Hugo